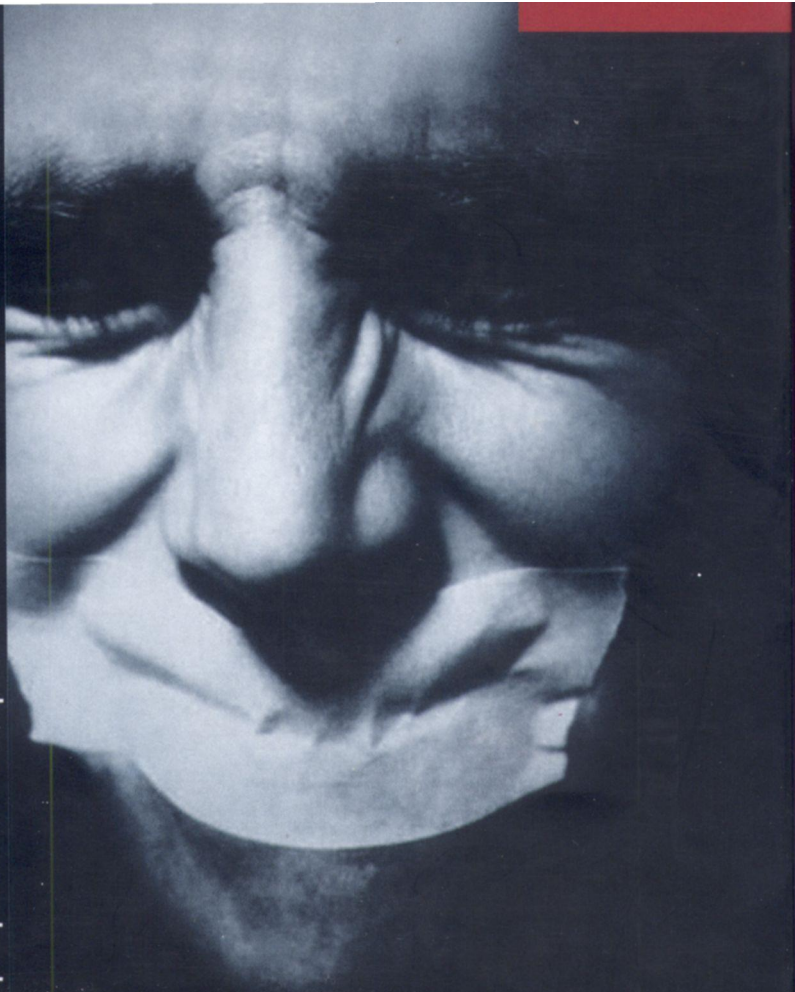


ПСИХОАНАЛИЗ

Джон Кристал



# Интеграция и самоисцеление

*Аффект*

*Травма*

*Алекситимия*

# Джон Кристал

## Интеграция и самоисцеление

*Аффект, Травма, Алекситимия*

**Алекситимия** — единственная наиболее часто встречающаяся причина неблагоприятного исхода или полной неудачи психоанализа и психоаналитической терапии. Многолетние научные и клинические исследования Джона Кристала, нашедшие отражение в этой важнейшей психоаналитической книге, позволяют приблизиться к решению этой сложной проблемы.

Первая часть данной книги посвящена многократно исследованным, но все же загадочным переживаниям: эмоциям. Вторая часть посвящена исследованию психической травмы. В частности, рассматривается само определение термина *травма*. Показывается необходимость отличать детскую травму от взрослого типа травмы для выработки моделей, соответствующих наблюдениям процесса травматизации и, в особенности, последствий травмы.

В третьей части автор переходит непосредственно к исследованию алекситимии. Алекситимия может быть главным посттравматическим последствием, и она также представляет собой регрессию аффекта и/или задержку в генетическом развитии аффекта. Чрезвычайно важно иметь в своем распоряжении диагностические и терапевтические инструменты, позволяющие эффективно работать с такими пациентами.

Как пишет Кристал: «Проведение психоаналитической терапии с алекситимическими пациентами пробуждает у врачей такое чувство собственного бессилия, что мы не можем отказаться от какой угодно помощи, если она поможет нам эффективно работать с этими пациентами».

Книга будет важна и полезна для клинических психологов, психотерапевтов, врачей, студентов соответствующих специальностей.

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**Henry Krystal, M.D.**

*with a contribution from*

**John H. Krystal, M.D.**

**X.**

**INTEGRATION AND  
SELF-HEALING**

**Affect — Trauma — Alexithymia**

**ИНТЕГРАЦИЯ**

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The Analytic Press

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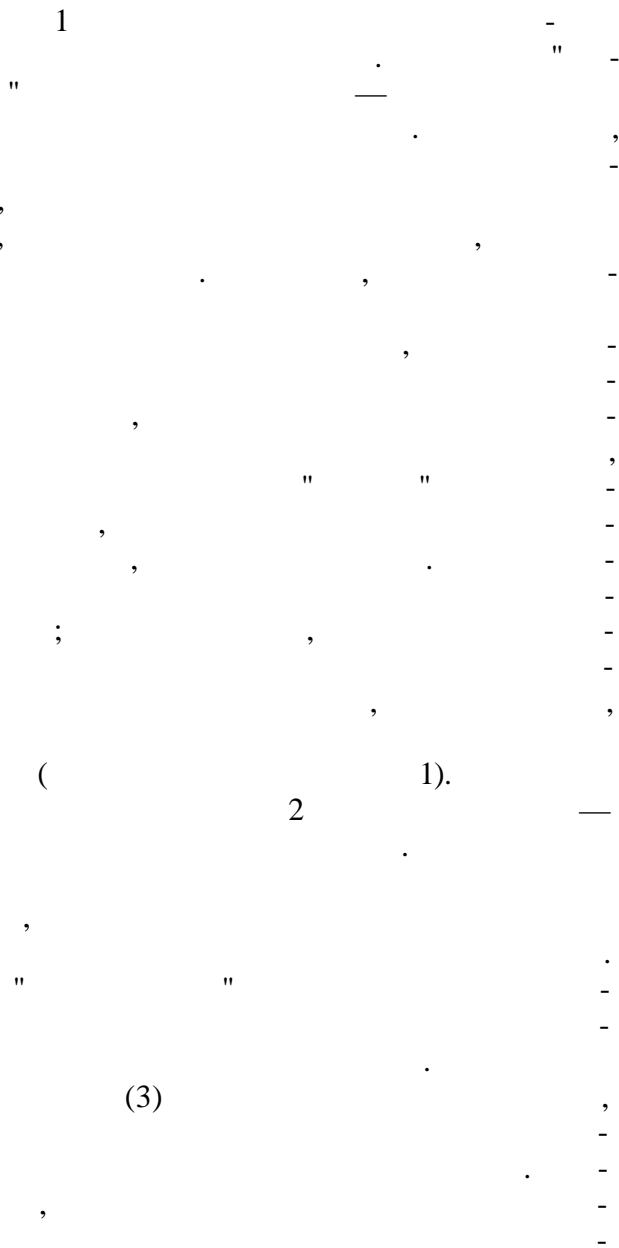
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(Miller and Seligman, 1982, p. 151).

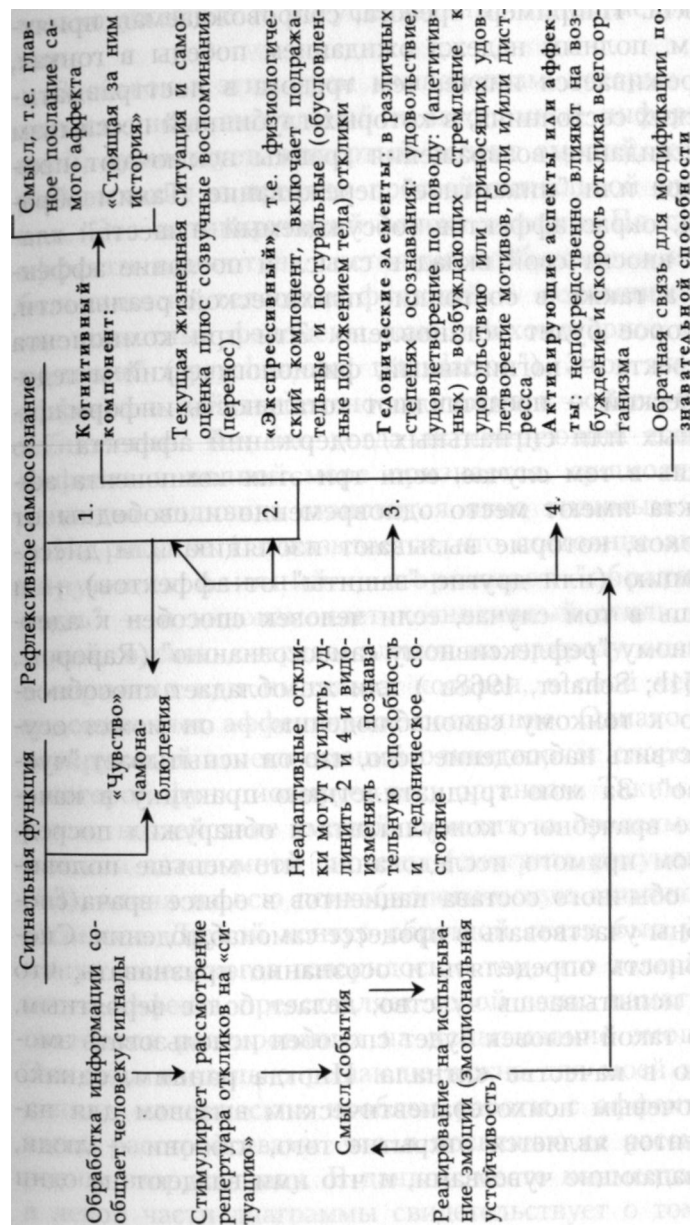
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(Tursky and Stern bach, 1967). - пи -  
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 " (1963, 57).  
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 (pp.400-401).  
 (Freud, 1926, 1933);

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 (Moor and Amstey, 1960, 1962, 1963).  
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 " (Papousek  
 and Papousek, 1975, 251).

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... (Emde et al., 1976) -  
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(Wolf, 1970). " -  
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(Schnurmann, 1949; Wulff, 1951).

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 (Bridges, 1930). -  
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 , " (Katan, 1961, -  
 p.188). — " (p.519). -



" (Leff, 1973, p.301).  
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 Yoruba, " " " "  
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 66% (Foulks,1979, p.24; Ionescu-Tongyonk, 1978).  
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 (Kodavari),  
 Doi, 1962). (Takeo-  
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 " (Foulks, 1979, .25).  
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[p.81]. -

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" (p. 173). -

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(Izard, 1978; Izard and Buechler, 1979; Lewis and Michalson, 1983).

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" (Kagan, 1984, p.172). -

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( , Izard, 1971), -

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" (p. 173). -



Thompson, 1934).  
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(Gessel and  
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изучающие (Ambrose, 1961;  
Stechler and Carpenter, 1967; Emde et al., 1976).

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(Aplysia Californica)

, тревогоподобный  
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(Demos, 1974, Basch, 1976).

(1969, 1977)

(, Ainsworth, Blehar, Walters,  
and Wall, 1978; Parkerы and Stevenson-Hinde, 1982),

(, Schur, 1955; Novey, 1961; Krystal, 1962;  
Engel, 1962a; Krystal and Raskin, 1970)

(Engel, 1963).

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(Schafer, 1964).

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" (p.201).

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Дж.М.Джонса (1984),

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(Hadley, 1983; Stern, 1983).

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(Schmale, 1964).

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 Hirschfield et al., Silverman, Weingarten, and Post,  
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(Nietzke, 1972) ?  
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[p.129].

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 (Brierley, 1945; Schafer, 1964), -

» (p.110).

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» (p.219).

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(Novey, 1959).



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 , (1971b) , , идеальной : -  
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 (1971 , p.74), -  
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 (67[45ДК]). 1. М., 1989, с.231. - , -





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(Bowlby, 1969) -

(Ainsworth et al., 1978; Parkes and Stevenson-Hinde, 1982) -

(Greenspan, 1981). -

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(Krystal, 1978b). -

(J.H.Krystal, 1984). (1915), -

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 (Fenichel, 1945, p.299). (1955) -  
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 », (р.390).  
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проявлениях,  
 по Edel, 1975, . 1006).  
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 (Klein, 1976).  
 (Huizinga, 1950).  
 аффективности.  
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Totlachen ( )

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оргазма<sup>7</sup>

(Delgalo, Roberts, and Miller, 1954; Olds and Milner, 1954; Olds and Olds, 1963).

(MacLean, 1949),

еи  
(Routtenberg,1978, . 160).

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(Heath, 1974). (1964, 1969)

(1977)

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отдельной

(Goldstein, 1976; Guillemin, 1977)<sup>8</sup>.

<sup>8</sup>

(1980)





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 самонаблюдения<sup>9</sup>. (1987), (1983),  
 ( ) (1974), исследований.  
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 (consummatory)  
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 (1945) : « -  
 (Meehl, 1975).  
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 (Duffy, 1957).  
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 (1972, . 116)  
 (unitary-activation)  
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 (Lacey, 1967).  
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 реагированию»)  
 (Pribram  
 and McGuinness, 1975, p. 116).  
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(Greden and Carroll, 1981). , -  
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 (Freeman,1949). -  
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(Duffy, 1941, 288).

1957).

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(Duffy,

(Freeman, 1948; Duffy, 1957).

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» (p. 182),

» (Duffy, 1949, p.182).

(Darrow and Heath, 1932): «

(p.242).

(1937)

(1981)

» (p.163).

(1972)

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(Korchin  
 and Ruff, 1964; Ruff and Korchin, 1967).

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(1872)

» ( .28). : «  
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 » (Ruff and Korchin, 1967, .306). ...» (p.31).

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(Haggard, 1967, .322). » ( .150).

(1957),  
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Г.Кристал

(1978 ) , » ( .267). , -  
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 , (Seligman, 1975), , -  
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 «кататонической» . « -  
 , » (Johnson, 1970 1971, 1972). « -  
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 Johnson, 1976).  
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 , (p. 166). -  
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» (p. 171).

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(1959),

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» (Malcolm, 1980, .64).

« **СмерТН**»(death reflex),

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« ГИПНОЗ»...

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*experimentum mirabile* (волшебный

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(Seligman, 1975, .177).

(1959): «

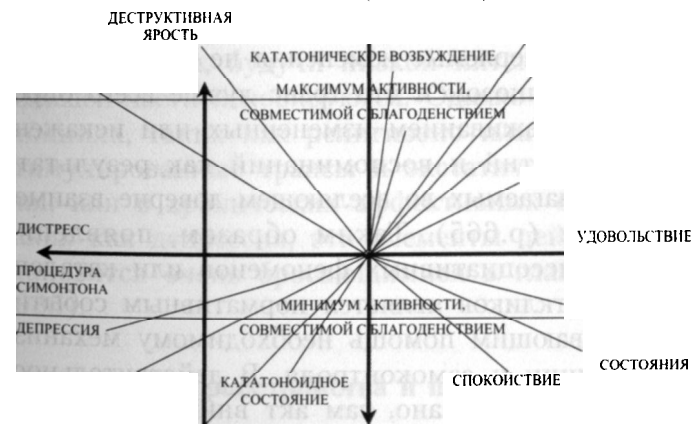
» (.387).

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ErlenKoenig

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(1981),  
» (p.420),  
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(Erickson and Rossi, 1981) , (Duffy, 1972). -  
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 , (p.665). , -  
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 (Mandler, 1975). -  
 , (Rouget, 1985). -  
 , (Richter, 1957; Engel, 1968). -



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» (p.733).

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(Eitinger, 1980).

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"Тотеме" (1913). , . , -

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(p.159). " " , , " - "

(1953, ) " " , " - "

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(1915b, . 171). , . -

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 " - ", (Dorsey, 1965, .73).  
 , (repressive living) , -  
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 (all-aloneness) ,  
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 " (Dorsey and Seegers,  
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 (Freud, 1886)  
 and Freud, 1893-1895),  
 (1893a; Breuer  
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 " (1893-1895)  
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 'Защитным невропсихозам'  
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 (Freud, 1893b, p.37).  
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	(р.296).	"
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" (Bensheim, 1960; Niederland, 1961; Krystal and Niederland, 1968).

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," (1926, p. 166; ).

Situation), (erlebte

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(Johnson, 1970, . ).

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 (p.166).

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устал

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" (р. 173).

(Furst, 1967; Solnit and Kris, 1967).

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способнос

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(1968 , b),

*Todesangst,*

(1951 ) ( )

что " " (1900)

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(1926, р.93), " — 'первичной  
тревоги' " (1926, р.137).

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(trauma screens);

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(Gracey and De Remeé, 1981).

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(Snyder, 1980),

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(Petty et al., 1974).

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" (Sandler, 1967),

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 " (Lifton, 1967)  
 " (Minkowski, 1946).

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 " (1923)  
 " (Dobroszycki, 1984),  
 " ( .367).





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(Lanzmann, 1985).

(imagery scores) (Struttman and Bliss,  
1985).

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(.52).











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(Niederland,  
 1961, 1981).

б.

(Bastiaans, 1957;  
 Niederland, 1961; Krystal and Niederland, 1968).

( Cohen

and Cooper, 1954; Brill and Beebe, 1955; Archibald  
 and Tudenham, 1965).  
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 (Niederland, 1961; Lifton, 1976, ).  
 (Weiss et al., 1975).  
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конфронтациями,  
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(1962) " " , -

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(1953)

аффективности".

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- 2) ( ) ; " -
- 3) ( - ; -
- 4) *прекращения:* ; -
- (pp.621-653). " ". -
- (Lifton, 1979). " " " " -
- " " " ( ) (screen) -
- " " " -
- Hibakusha ( -
- ) ( -
- (1963, 1967, 1968) -
- " " -
- (Lifton and Olson, 1976). -

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(1949),	-			-

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 " (p.10)<sup>3</sup> , -  
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(1979, 1981 , b)  
 Chowchilla , ,

<sup>3</sup> (1981b) : " -  
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(1939) ' , :  
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- ' (Furst, 1967). -
- ' (1926) - (Handler,
- (1975, ) ; - 1977).
- " ' -
- " -
- (Petty et al., 1974) -
- ' -
- ' (Krystal, 1962). -
- 10.** ' -
- ' (Krystal and Raskin, 1970). -
- ' ; -
- ' (1908, 1924), (1930, 1948) ' -
- (1926, 1933) - (Krystal, 1974).
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- ' -
- ' - 30% -
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стве

60% (Krystal, 1971)!

(1974b)

[ ]

" (.438).

(1959)

(1969)

" (Krystal, 1975 ).

(Secheyaye, 1951).

(1975)

(1977)













(Lehman, 1961).

(  
Lawick-Goodall, 1973).

(Krystal, 1975).

аддиктивной

(emanating)

проприоцептора (proprioception),

(Stoyva, 1970; DiCara, 1972) (biofeedback apparatus).



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 (Ogden and Shock,  
 1939; McClure, 1959).  
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 (Green, Green, and  
 Walters, 1970).  
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 (Shor, 1962;  
 Maslach, Marshall, and Zimbardo, 1972).  
 (1970)  
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 " (.243).

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 " (Miller et al., 1970. .358).  
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 (Krystal  
 and Raskin, 1970).  
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 (Shapiro, 1960).  
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 (Beecher, 1961),  
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 (Wolf and Pinsky, 1942; Beecher, 1956; Roueche,  
 1960).



хосоматические

(1977)

(р.516).

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жении

(Abraham, 1908; Juliusberger, 1913; Hartmann, 1925; Rado, 1926, 1933; Simmel, 1930).

посредством

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профессио-

гуляторные

( " ")

(1983)

(Krystal, 1978b).  
(1978)

" (.192).

. Зинберг (1975)

(Krystal and Raskin, 1970).

« »,

" (.374).

(1974b)

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(.458).

" (Krystral and Raskin, 1970, p.71).

(1976b)

склонны  
" (p.451).

*нъми*": "

‘спасательного жилета’

" (.451).

" (.452).

" (.455)

..." (Krystal, 1975 , .200).





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 (Brierly, 1945; Beres and Joseph, 1970;  
 Angel, 1973).  
 (1962), , -  
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 (1958). , -  
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 , (1974b) Файн (1971), -  
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 (.447). (1970) , -  
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 (1974b), -  
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" ( .446). (1971) , -  
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 " (McDougall, 1974b, p.446). -  
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 (1974b), -  
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", p.71)

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(1978)

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"экстернализиро-

" , каннибалистической

(1975)

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(selfobject)

, ОТЗЫВ-

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" , иннервируемого

» (Winnicott, 1965)

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жение перцептуальной

(Erdelyi, 1974),

(Dixon, 1971).

надеясь

развитий

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(Erdelyi, 1974, ,20).

(1980).

репрезентационный

Hadley, 1983).

«перцептогенез» (Westerlundh and Smith, 1983).

and Smith, 1983, .605),

agreement") (p. 606).

(1976)

(1971)

проверя-  
(Sandler and Rosenblatt, 1962;

(Westerlundh

" ("intersubjective



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 предсознательном " , -  
 (Ficher, 1960). , -  
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 ] (p.77). , -  
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 (p.229, ).

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 ( , , Malamud and Lindner, 1931; McCleary and Lazarus, 1949; Ericksen, 1951a, b).  
 (1976) , -  
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 прецептивные , -  
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 ( .224). , -  
 , " (Carlson, 1957). -  
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 Lacey et al., 1963; Petrie, 1967). -  
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 " " : "  
 " (p.341).  
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 ' ( , Schlesinger,  
 1954). " (Klein, 1970b),  
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 " ( .282).  
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 ..." ( .78).  
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 ВОЛЕВЫХ<sup>5</sup>.  
 (1967) (1970)  
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ражения  
 фективным.  
 (1985)  
 (Peterfreund, 1971).  
 (1974),  
 (1981 ).  
 компьютероподобных  
 (Висси, 1985).  
 вербально  
 способности















СИТИМИЯ

Griffiths, 1984).

(Kolb, Burris, and

, ангедонию

**ВЫЗОВОМ.**

DSM III ( , 1980)

" (.236).

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	DSM III.	,		" (1981b)	"	-
		-			" (1984)	-
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(1981 )	"	-				-
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(рр.15-18).		-				-
	: 1) амнезии <sup>6</sup> , 2)	-				-
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и (1893-1895) (1961) — , (Reiser, 1978), " (McDougall, 1974b, .453). (1926) ... [ти]..." (p.166). *реальности*

(Michels, 1985).



# СОСТОЯНИЯ

## ПОСТ-

ного

12.

— *собственностью,*  
! [Dorsey, 1976, p.451]  
(1961) 26  
(Eitinger and Strom,  
1973; Eitinger, 1980; Chodoff, 1980).

(Eitinger,  
1980),

(p.155).

(1980)

" " ( .208).

" ";

« ( психотерапии»);

(1981b)

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.Кристал

78

ИНДИВИДОМ.

(1967),

для (1967)  
(Gunderson and Rahe, 1974; Rahe et al.,  
1964, )  
достаточное

(Krystal, 1971),

ТИВНЫЕ

[p.415].

(1981)



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 (Krystal, 1975), - , -  
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 (Van der Kolk et al., 1984). , (1976) -  
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 ВОЖЕННОСТИ, -  
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, 4) ( ) -  
 , 5) ( ) -  
 , 6) -  
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 ( ( ), 10) -  
 [ . 428].  
 (Krystal, 1971) -  
 (pp. 15-22). ,  
 процесс ,  
 (1944) ,  
 " " (1961, 1981),  
 " " ( . 142). (1917) :  
 " " (1976) . 2) -  
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 , (1981) ,  
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, 4) ( ) -  
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 ( , 7) -  
 , 8) , 9) -  
 ( ( ), 10) -  
 [ . 428].  
 (Krystal, 1971) -  
 (pp. 15-22). ,  
 процесс ,  
 (1961, 1981),  
 1) , -  
 . 2) -  
 . 3) . 4) -  
 [1981, . 85].  
 , , -  
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экстернализованной

[ , p. 179].

(1981 ),

" " (

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" (p. 10).

1981 , b)

(1979,  
Chowchilla

R.J.Lifton,

(Dimsdale, 1980;  
, 1982),

(1973).

О  
СОСТОЯНИЯХ.

несчастье [Dorsey, 1976, .456].



и — , экстерна-

" (p.231).

;

(1959), "

1968 , b). : " (.98; 1963,

" "

(Erikson, 1959, .98).

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" (.98).

: (1)

(2)

объяс-









" — " —  
 " " " живых людьми  
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 " (.69) "  
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инстрапсихичес-

(Eitinger and Strom, 1973).

(1969) " " " , что  
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" (.24).  
 (1980)

(Valenstein, 1973)

" (Balint, 1964),

ИНДИВИ-

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(1917) " ( .245,

... " ( .245,

1893),

(Freud and Breuer,

МИИ

экстернализацию.

" - "



( LeShan, 1959; Stoyva and Budzynski, 1974; Bahnson, 1975; Achterberg, Simonton, and Simonton-Matthews, 1976; Holden, 1978).

(Joel 3:1).

(Wetmore, 1963).



M'Uzan, and David, 1963) (Marty and de

(1967), (1970 ).

(Krystal, 1962)

(Krystal, 1968 , 1971)

Raskin, 1970). (Krystal and

Braeutigam, 1977). (





(deficiency)

ис-

ЖИВОСТЬ.

Флэннери (1978)

" (.193).

" [Nemiah, 1975, . 143].

(Nemiah, Freyberger,

and Sifneos, 1976; Freyberger, 1977).

: "  
" "  
(Nemiah et al, 1976).

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,  
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" (. 431).

(1974 ): "

" (.458).  
" (.453),

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" (Freyberger,  
1977, .433).

(1974 ): "

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,  
(p.456).

отравить””

*экстернализации,*  
(Wurmser, 1978).

беседующему·

(Marty, de M'Uzan, and David, 1963).

. Немия . (1976)

"  
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;

" (.432).

" (Krystal, 1979),

p.458).

" (Nemiah et al., 1976,

(Wurmser, 1978).

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" (de M'Uzan, 1974 ),

(Marty

and de M'Uzan, 1963),

:"

" (.462).

Сифнеос (1970 , . )

"

(Nemiah, 1975).

" , " - ; -

," - " (p.106). " " -

," " " -

ВЫГОДУ. , " " .

," " (Krystal, 1979, . 159),

," (1984 ) ; , -

: " " - " " -

," , - (p.218). -

," (1978-1979), " -

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," (Taylor, 1984 , p.219). -

," (1974 ), ' (1974 ), -

," , " ( . 462). -

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," , СЛИШКОМ ХЛО- ; , " -

," " (Krystal, 1979, . 158). -

(1974b) " " " -

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предсознатель-

(McDugall, 1974 , 1980b; de M'Uzan, 1974 , b).  
 (1974 )

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" " (1974b)  
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" ( . 106).

наркоманий.

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(1974),  
 (Krystal, 1979).  
 (Nemian, 1972, Sifneos, 1972-73, 1974)  
 "(Sifneos, 1973, p.261).  
 "(1946) (1943; 1950; Alexander and French, 1948)  
 (1977)  
 (Deutsch, 1926).  
 1962 (Okun, Grinker, and Sabshin)  
 " "

цифических  
 (1972)  
 (1974),  
 (Sifneos, 1975)  
 " (p.69).  
 (Nemian, 19751; Shands, 1976).  
 (Krystal and Raskin, 1970)  
 на  
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, - " (p.12). -  
 (1962) - (1967) , -  
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 , - " ( .292). -  
 (Krystal and Raskin, 1963) : , -  
 - , (1968 ), -  
 - ( . ) . , -  
 " " " " -  
 " (p.26). -  
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 (1961) " " -  
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 ( .337). -

, (1971)  
пациентов,

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( .22-23).

... " (p.72).

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'интроспективном'		-		-
'экстернализации'		-		-
" (.29).		-		-
(1967, 1975)	,	-		-
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	.	-		-
(Nemiah, Freubeger, and Sifneos,		-		-
1976)		-		-
(1975)	,	-	ем	...
	,	-		... (Wise, 1982, p.41).
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 " (1977),  
 ( corpus callosum,  
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 (1977) et al., 1985a)  
 (Ten Houten  
 шарного  
 ( , 1981, .6).

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 " (.6).  
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 " (.283).  
 (1979)



" (1969),  
 " Богена  
 " corpus callosum.  
 (Frankel et  
 al, 1977),  
 (Von  
 Rad, 1983).  
 " (p.24).  
 ;  
 ( , 1984, .2).  
 " (1982b, .382).

развитий  
(Freubeger, 1977)  
(Shipko, Alvarez, and Noviello, 1983; Krystal, Giller,  
Cicchetti, 1986).  
(Heiberg and Heiberg, 1977).

’ (1974 ),  
" : "  
" ( .465).  
(Marty, de M’Uzan, and David,  
1963)

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(1975),  
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( . 178).  
( .179),  
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Балинта (1968) " "  
(1965). " "  
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" ( . 186).  
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‘сломанных’

..." (.186).

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либидинально-

" (.82).

(1974 )

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" ( .444).

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" ( .447).

" ( .455).

" ( .655).

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" ( . 177).

ОПАСНО-





случае  
(Freyberger, 1977)  
(Krystal, 1968 , 1978 , ; Krystal and Raskin,  
1970).  
ресо­матизи­ро­ван­ной  
(Krystal, 1979).

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1933

(Krystal, 1962).

(1978)

, [ ]  
" ( . 109),

" ( . 109),

)" (p. 109).



“гипосимволизации”,

" (Marty and de M'Uzan, 1963)

1976b). M' (1976b)

(Nemiah and Sifneos,

персонализи-

(p.462).

(1974b)

(Taylor, 1977).

" (p.444).

(1978)

(1951 ), "

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" , (Miller, 1981, 1983, 1984). -  
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(Brinich, 1982).

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(1982)

" " -  
" (p.51). , -

(Edgcumbe, 1981)

" (.51). , -  
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детприемнике,





(Glucksman, 1981, 1983; Mittelman and Wolff, 1943;  
Okun et al., 1962).

"ан-"  
" (McDougall,  
1984),

(1967, 1972-73)

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состоянии — состоянии

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СТВЕННО  
1983;

(Demers-Desrosiers et al.,  
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(Vogt et al., 1983),

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, " (p.71, ). -

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ПОНЯТЬ.

" " -  
(1974b), " " -  
" (.437). -

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(1982 )  
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(p.382).  
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 ( .384). (1982 ) (1977)  
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(McDugall, 1982 , .385).

" "

(Krystal, 1979).

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(Nash and Cavenar, 1978, p.119).

пост-  
(1978 )

(Janis, 1951, 1971, 1982; Janis and Levental, 1968; Sigall and Helmreich, 1969; Hamilton, 1975)

(1982)

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(1985),

" " (Greenspan, 1981),

(Fich-Murrey,

Koby, and van der Kolk, 1985).

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 ( [ ] " ( .20). 2) -  
 боль ). : " -  
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 " ( .20). , -  
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 [р.4]. , -  
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 (1976) , -  
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 (1955) (1956), предсознательных -  
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 : 1) (1985) , " -  
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" (p.31).

(1974, 1981), (1985) -

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Дорпата

(foreclosure)

(1981)

(1963):

(1969)

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 : 1) -  
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 (1965), идеационные -  
 (1937) (1976). (1936), -  
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 . 2) , -  
 (1963) -  
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 "дооперационального" ( -  
 2 8 ), -  
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 " , -  
 " (Flavell cited by Thompson, -  
 1971, p.59). -  
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" ( .102); "

" (p.105).

" ( . 106).

" (p.87).

" ( .109).

поразительному

алекситимической,

поля.

25-

( 2000 ) —

(Apfel-Savitz and Sifneos, 1979),

(Krystal, 1978)

1965),

" (Kosinsky,

(1979),



образом  
 ;  
 (peremptory)  
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 (1966b)  
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 СИМПТОМОВ, ОН  
 ,  
 (1978)  
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" " ,  
 " , " -  
 (Krystal, 1966b). , *pensee*  
*opératoire* ( ) -  
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 " , -  
 " (Apfel-Savitz, Silverman, and Bennet, 1979,  
 p.313), " " -  
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 (1977 ) ,  
 (1971), , -  
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" (.62).  
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 ( .63).  
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 (1979)  
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 (1985)  
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" (Winnicott,  
 1967, p.109, cited in Ogden, 1985, p.129).  
 ,  
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 " ,  
 " (p. 131),  
 " ( .131).  
 )  
 'само́сти' ('I-ness'),  
 ,  
 " ( .131).  
 " "  
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 " "  
 ,  
 " .  
 'само́сть'  
 ,  
 " (p. 131).  
 ,  
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 " ,  
 " (p.132).  
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... ( ... )" ( . 132).

... " " -

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... ( . . ), -

... ( . 132). -

... " ( . 133). -

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... " ( . 133). -

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... ( ) -

( . 133).

" " "

mal ( ) petit (Meltzer, 1975), " (Green, 1975), (Grotstein, 1978) " (Laing, 1959, p.136).

(1985)

[ . 136].

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 (1983) : -  
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(1985), -  
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 способность -  
 (1985) , " -  
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 " ( .137). -  
 (1956), , " -  
 " , -  
 (1985): " -  
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 " ( . 137). -  
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 , ( , ) . -  
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 " " -  
 , -  
 . -

(von Rad and Lolas, 1982; Taylor and Doody, 1985).

( ) (J.Krystal, Giller, and Cicchetti, 1986).

14.

(  
X. Кристалом)\*

(rated blindly)

( )  
( )

( 9) (Cohen, Demers-Desrosiers, and Catchlove, 1983; Demers-Desrosiers et al., 1983).

MMPI,

MMPI ;

MMPI

(Kleiger and Kinsman, 1980; Shipko and Noviello, 1984).

(1985)

9.

( ) .

\* . X.  
X. , д.м.,

Шкала - ( )

20 , -

" " ..." ( . 184). -

" " , -

," -

20 80, -

60, -

(Blanchard, Arena, and Pallmeyer, 1981; Martin, Pihl, and Dobkin, 1984).

( 50), -

, 8,2% 1,8% -

(Fava, Baldaro, and Osti, 1980; Kleiger and Jones, 1980; Taylor, Doody, and Newman, 1981; J.Krystal et al, 1986). -

PTSD ( =9) -

(n=14) . -

MMPI. -

(1979) : "...мы -

( 150 ), -

(1984). -

[ , -

Бег-Израэля], -

(Shipko and Noviello, 1984; Bagby, Taylor, and Ryan, 1986). -

(J.Krystal et al, 1986). -

(1983) -

et al., 1981; Martin et al., 1984).  
 сенситивность (Bagby et al., 1986).

25%  
 15%  
 10-20%  
 (Blanchard

(J.Krystal et al., 1986)

MMPI (Cooper and Holmstrom, 1984),  
 (1984)  
 (1980)  
 Модсли (Fava et al., 1980; Blanchard et al., 1981).  
 (Weinberger, Schwartz, and Davidson, 1979);



(Paulson, 1985; Taylor and Doody, 1985; Krystal et al., 1986).

**MMPI**

22

—

MMPI,

MMPI,

MMPI-денверская

(1980).

MMPI.

ТИМИИ.

(Kleiger and Kinsman, 1980).

( $r=0,66$ ) 82%

MMPI

- MMPI-оценка + 1,3675.

MMPI 14

6

MMPI

(Kleiger

20 and Dirks, 1980).

94%

22-

MMPI

MMPI

(Demers-Desrosiers et al., 1985; J.Krystal et al., 1986).

MMPI

(interrater)

9,

MMPI-шкале

(Demers-Desrosiers et al., 1983; Doody and Taylor, 1983; Paulson, 1985; Taylor

and Doody, 1985; J.Krystal et al., 1986). Фейгуин (1985), ММРІ-шкалы

ММРІ

ММРІ

ММРІ

(J.Krystal et al., 1986). (1983) ММРІ-шкалой ММРІ ММРІ-L, F

лаемости, (Meehl and Hathaway, 1946; Colligan et al., 1984). ММРІ-шкала ММРІ-

(1984) ММРІ-шкале (r=0,58) ММРІ- (B-A). (1970)

алекситимические ММРІ, (1984) ММРІ-шкалу (1984). 20 = (0,85 ММРІ - ) 36. " ММРІ-шкалах ( ) = 0,49 ( 0) - 0,32 ( F) + 0,13 ( 3). (r = 0,63). (r = 0,32). ММРІ — (Blanchard et al., 1981; Martin et al., 1984).

10% -

et al.,1984) (Kleiger and Kinsman, 1980; Colligan по MMPI : 1) 75%, 2) FV > 100 3) MMPI F-K 11. (1984) F, F-K (Ullman, 1958).

(1985) :

41 ( ).

500

26

(11 , 12,3% ), (7 , 7,0% ) (5 -

, 6,4% ) " (6 , 6,1% ).

5%

" (Taylor et al, 1985, p.197).

(1985)

(r<0.2)

1-3 (Taylor et al, 1985). (Bagby et al, )

IQ (r=301.27), " (r=-0.42) (r=-0.33).

(r=0.60) реактивной(r=0.56) (r=0.59) Спилбергера.

( =0.39), (r=0.32), ( =0.31), (r=0.23)

( ) (r=0.47), (r=0.26)

17

(Sifneos, 1973; Apfel and Sifneos, 1979). 17

6

(Kleiger and Kinsman, 1980).

( )

30% 50%

(Sifneos, 1973; Kleiger and Jones, 1980; Smith, 1983).

*corpus callosum*,

MMPI,

and Bogen, 1977; Buchanan, Waterhouse, and West, 1980).

(1977),

(1981)

,  
 ,  
 (Sifneos, 1973;  
 Lolas et al., 1980).  
 (1979) 85%  
 ,  
 ,  
 (1980), (1984) (1985)  
 0,76 0,94.  
 ,  
 ,  
 ,  
 ,  
 (1980)  
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 (Pierloot and Vinck, 1977;  
 Smith, 1983; J.Krystal et al., 1986).  
 , (1984)  
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 (Pierloot and

Vinck, 1977; Smith, 1983).  
 ,  
 -  
 (Gardos et al., 1984).  
 ,  
 -  
 (Sifneos, 1973; Smith, 1983).  
 ,  
 (Pierloot and Vinck, 1977; Kleiger and Jones, 1980).  
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 " 178 " -  
 " -  
 DSM-III I -  
 (Gardos et al., 1984).  
 II : -  
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 64,2%  
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 по SCL-90 (Gardos et al.,  
 1984) . (1977)  
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 MMPI.  
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бардо (1984)

(Lolas et al, 1981; Sjodin, 1983; Gardos et al, 1984).

12

( ),  
, 1977).  
(1977)

Фон

(Ross, Knapp and Vachon, 1979; Knapp, 1980),

"",  
(1977)

" (p.91).



Готтшэлка-Глесера ( ) -  
 — , — — -  
 " , " -  
 ( ). -  
 100, -  
 " " (Gottschalk et al, -  
 1969). -  
 TAT , -  
 (Gottschelk, Hausman, and Brown, 1975; Gottschelk -  
 and Bechtel, 1982). -  
 " -  
 ", -  
 (Gottschelk et al, 1969, p.5). -  
 ( -  
 ) 1000 -  
 , , -  
 , -  
 (von -  
 Rad et al, 1979; Lolas, Mergenthaler, and von Rad, -  
 1982; von Rad and Lolas, 1982). -  
 (1969) , -  
 (Gottschalk et al, 1969). -



, (Lolas et al., 1982; von Rad and Lolas, 1982).

(Lolas et al., 1982).

(1985),

подшкалам

, стыда,

(1985d)

( ).

(loading)

(Heiberg and Heiberg, 1977; Ten Houten et al., 1985b).

( , 1980)

(1977),

Q-разновидностью

( )

(J.Krystal et al., 1986;

).

17

0 17.

: 1)

:", 2)

:", 3)

:", 4)

" "

ПОАВ-данных

82,61%,

( = 0,84).

10

( = 5,0 ± 3,6), 14

( = 11,0 ± 4,8) 11

( = 7,3 ± 4,2), "

Тёки (Petrinovich and Hardyck, 1969),

PTSD	( = 0,051)	-					
	( = 0,053)	-					
		PTSD-					
ПОАВ	( = 0,72, = 0,0001).	MMPI					
		1).					
	1						
	MMPI ALEX.	кол-во					
	ГГ	OAC					
ШС	N.S. (2,3)	N.S. (2)	N.S. (2)	N.S. (1)	N.S. (1)	-	N.S. (8)
		0,66** (4)	0,72*** (2)	N.S. (8)	N.S. (8)	(8) ( )	N.S. (8)
MMPI	N.S.	-0,33* (2)	N.S. (6)	-	(8) N.S.	(8)	(8)
кол-во					(6,8)	(8)	
OAT9	-0,47* (7)	N.S. (7)					(8)

\* < 0,05, \*\* < 0,001, \*\*\* < 0,0001  
( ) представляют ; (b) -

( )  
- ( )  
( )  
=

MMPI— ALEX = MMPI  
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(1985). - =

+ + [ -  
].

- (1) Taylor et al., 1981. ;
- (2) Krystal et al., 1986; (3) Kleiger and Jones, 1980; (4) Kleiger and Kinsman, 1980; (5) Federman and Mohns, 1984; (6) Doody and Taylor, 1983; (7) Demers-Desrosiers et al., 1983; (8) Taylor and Doody, 1985).

по - ,

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-

(1985)

9

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"

(Vogt et al., 1977; Safar et al, 1978; Taylor et al, 1981).

" " (Vogt et al, 1977; Taylor et al, 1981).

(Demers-Desrosiers, 1982; Demers-Desrosiers et al, 1983; Cohen et al, 1983, 1985).

9 (Demers-Desrosiers, 1982).  
36

13

СИТИМИЧЕСКИЕ  
СИМВОЛИЧЕСКОЕ

9  
, SAT9 (Cohen et al, 1983).

65 SAT9,

(Cohen et al, 1983; Bourke, Taylor, and Crisp, 1985).  
по SAT9

ММПИ-шкалой  
(Demers-Desrosiers et al, 1983).

(86,7%)

(anorexia nervosa) (45%)

SAT9 (Demers-Desrosiers et al, 1983; Bourke et al, 1985).

SAT9 (Cohen et al, 1985).

SAT9

Функционирование

				—	<i>алекситимия.</i>	
		(1985)	-	"	"	-
	SAT9		-		(Byrne, 1961; Byrne, Barry, and	-
(overpredicted)			-	Nelson, 1963)	MMPI,	-
			-			-
			-			-
	по SAT9,		-	"	—	-
			-		" (П-С)*	-
			-			-
			-			-
			-		(Weinberger et al., 1979; Asendorf and	-
			-		Scherer, 1983). (1958, 1962)	-
			-		44	-
		(Marty and de	-	MMPI, 20		-
M'Uzan, 1963; Sifneos, 1973; Krystal, 1977).			-		П-С-шкалой	-
	SAT9		-	"	"	-
			-		"	-
(Demers-Desrosiers et al., 1983).			-		"	-
			-			-
			-			-
		(1985c)	-		( )	-
			-		( )	-
			-			-
			-			-
			-		(Millimet, 1970; Weinberger et	-
	" "		-	al., 1979).		-
			-			-
			-			-
			-		(Millimet, 1970; Weinberger et al., 1979).	-
		MMPI,	-	*	—	-
		" "	-		—	-

казано, -  
: " -  
", , " -  
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, -  
(Weinberger et al, 1979). -  
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(Hare, 1966; -  
Weinberger et al, 1979; Asendorf and Scherer, 1983; -  
Shaw, Cohen, Doyle, and Palesky, 1985). -  
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-  
(Davis and Schwartz, 1987). -  
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-  
(Wexler, Schwartz, Warrenburg,

Servis, and Tarktyn, 1986). -  
(dichotic) -  
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(Wexler et al, 1986). -  
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(Wexler, 1987, ). -  
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 TAT ( -  
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 " " -  
 (Ullman, 1958;  
 Asendorf and Scherer, 1983; Taylor, 1984b).  
 (1972) -  
 " " -  
 (1985) , -  
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 , -  
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 ( , 1980;  
 Lolas et al., 1981), -  
 , -  
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 . -

трудниками (Taylor, Ryan, and Bagby, 1985) -  
 , TAS -  
 ШСЖ. -  
 (1980) -  
 , , -  
 " -  
 MMPI, " — " -  
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 , " " -  
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 " " -  
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 , -  
 . -  
 (Safar,  
 Kamieniecka, Levenson, Dimitriu, and Pauleau, 1978) -  
 , , -  
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 , -  
 гипертензией -  
 . -  
 ,

генезе

(1985),

(Krystal, 1978 ; J.Krystal et al., 1986).  
(1978)

(МПАП)

Heibrun, 1965). (1961)

Лессер (1981)

(1985)

(1985),

(J.Krystal, Giller, and Cicchetti;  
35 ; )

1986). (J.Krystal et al.,  
(  
= 28,85 ± 2,54 SD)

(  
= 26,00 ± 6,44).





ПВБИ,

исследовательской

( 1),

ММРІ-Ирвина

2).

1),

(

9,

( 2).

неалекситимических.

9

9-

(1985 ),

2

ШШС

ММРІ

Предполага

Под

Аффе  
КТ.

9

Представляется  
?

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" " " ",

" " "

"

В

(1974)

"

" (p.94).

(1985)

) ( )

(1975)

(1974)

" " "

" ( .44).

(Bagby, Taylor, and Ryan,

(TenHouten et al, 1985a,b,c,d).

(1979)

(Heiberg, 1980;  
Kleiger and Kinsman, 1980; Gardos et al, 1984;  
Martin et al, 1984).



состояний.

(В.А. Jones, 1984).

(Weinberger et al., 1979; Kass, Klein, and Cohen, 1983).

Krystal et al, 1986).

- 1.

- 2.

- 3.

- 4.

- 5.

- 6.	?	,	,	-			
- 7.	?		,	-	,		
- 8.		?	,	-			
- 9.	?		90 /	-			13-
- 10.		?	,	-	1981, and Hering, 1987),		(Thompson,
- 11.		?	,	-	(1987)		
- 12.			,	-			
- 13.	,		?	-	,	что	
- 14.		,	?	-			
- 15.		?	,	-	,		КОГНИТИВНОГО
- 16.			,	?		: 1)	
- 17.			,	-		—	
15.	?					—	
						. 2)	
						(enactive stage)	
						,	
						,	. 3)
				при-			

4)

осознавания

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-  
. 5)  
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-  
" " " "

(P<sub>2</sub>);

. 2)

. 3)

(P<sub>3</sub>)

ЭМОЦИИ,

" . 4)

" . 5)

" ("hysteresis")\*.

(Woodcock and Davis, 1978).

(1977),

(1985)

\* ( hysteresis — )—

( )

( ).

: 1)



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 :  
 ; ( )  
 , И:  
 ( )  
 " (Sashin, 1985,  
 . 180).  
 :  $A^5 = LA^3 + FA^3 + CA^3 + S,$   
 ; L —  
 ; F —  
 ; —  
 , " —  
 [ ]  
 " (p.176) S —  
 (p. 194).  
 ,  
 (1975, 1977),  
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 " " " "

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 ( 1983  
 психоаналитического )  
 ,  
 : "  
 " ( . 178),  
 Menninger Foundation 1956  
 (Sargent, 1956)  
 ,  
 идея  
 ,  
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[р.371].

)

(

им-

дадут

(Taylor, 1983 ).



McDougall, 1974b),

Тустин (1981)

" (p.103).

"

" (.96).

тельно

(1981)

( )

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 (1978)  
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 " ( .204).  
 (1981),  
 (1983) " .  
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,  
 дуальной  
 если  
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 " (р.466).  
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 ...  
 " (Riess, 1978,  
 .403).  
 " "  
 (1974b)  
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; , - - , вербализовать , -  
 - - " -  
 (1980b) , - , (1911, 1918) , [ ] -  
*Verwerfung*, — , -  
 , , - , -  
 , , - " (.86). -  
 - . - -  
 , , - , -  
 (1981), , - -  
 , , - -  
 - . - -  
 , — - -  
 - - " -  
 - - " -  
 — " - ( .257). -  
 (1981) : " -  
 " (p.85). , -

интрапсихические " " -  
" (1979)  
" (.24).  
разновидность  
гоприятные (benign)  
(Tustin, 1980; Deri, 1984).  
(1984)  
(.257). (1980)  
ной

(.101).  
" "  
от  
(р.31).  
(,  
).  
ной

," " ( .32) ,  
," " ( . ) .  
," саморегуляторных

," ПСИХИ-  
," ( Paskewitz, 1977).  
,"

,

сторонников, однако

[ . 169].

(1984)

(aprosody)

"

" ( . 167).

:

( " ")

(1984), "...люди,

" ( . 170).

Шарп

" ( . 173).

déja vu ( виденным)\*.

\*

(1978),









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 : " - " ' " ( -  
 ( ЛЮБОВЬ)". - ) -  
 , . (1982 ) -  
 (1985), , " -  
 , , , -  
 . , -  
 . " ( .385). ( -  
 ), , -  
 , . -  
 , , -  
 . (1955) , -  
 " " , -  
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 , (1981) -  
 . (1950) " " -  
 . (1977) , -  
 (1982 ) -



),  
 " -  
 " "  
 " "  
 кататоноидное,  
 ( )  
 Хант (1939):  
 сущностно " "  
 1980, .94). " (Chance,  
 (1933) (1987),  
 (1978, 1980, 1984),  
 ;  
 ;  
 (

(1980 ) (1983),

?

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(Horowitz, 1983).

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